FIGURE 8

USES:

- TIE INTO THE ROPE
- CONNECTING TWO ROPES OF DISSIMILAR THICKNESS



STOPPER KNOT

USES:

- USED TO BACKUP OTHER

 KNOTS/ENSURE THERE'S ENOUGH

 TAIL PASSED OTHER KNOTS (EX
 FIGURE 8 TIE IN)
- COMMONLY REQUIRED AT INDOOR CLIMBING GYMS

IS TECHNICALLY JUST A DOUBLE OVERHAND



GIRTH HITCH

USES:

- CONNECTING WEBBING OR CORD TO A FIXED POINT
- CREATING A PERSONAL TETHER



BARREL KNOT

USES:

• ADDING TO THE ENDS OF YOUR RAPPEL ROPE(S)



FLAT OUERHAND

USES:

- THE SIMPLEST, QUICKEST, AND BEST WAY TO CONNECT TWO ROPES OF SIMILAR DIAMETER (ENSURE THERE'S APPROXIMATELY 30CM OF TAIL PASSED THE KNOT)
- USED TO CONNECT RAPPEL ROPES OF SIMILAR DIAMETER

SHOULD NOT BE REFERRED TO AS THE EUROPEAN DEATH KNOT



BIGHT KNOT

USES:

- BUILDING ANCHORS
- CREATING A LOOP IN THE MIDDLE OF A ROPE
- ISOLATING A SECTION OF ROPE

CAN BE AN OVERHAND ON A BIGHT OR A FIGURE 8 ON A BIGHT FOR MOST SITUATIONS



MUNTER HITCH

USES:

- BELAYING
- LOWERING
- RAPPELING



CLOUE HITCH

- ATTACHING TO AN ANCHOR
- CREATING A FIXED POINT/FIXING THE LINE



ROPE COIL

USES:

- TRANSPORTING ROPE
- ORGANIZING ROPE FOR STORAGE
- TIDYING ROPE BEFORE USE



AUTO BLOCK

- EASY TO TIE FRICTION HITCH
- USED AS A BACKUP (THIRD HAND)

 DURING RAPPELS AND LOWERS
- GRABS THE ROPE IN TWO DIRECTIONS



PRUSIK

USES:

- MOST COMMON FRICTION HITCH
- USED AS A BACKUP (THIRD HAND)

 DURING RAPPELS AND LOWERS
- ESSENTIAL TOOL USED IN RESCUE SCENARIOS
- GRABS IN TWO DIRECTIONS
- CAN BE USED TO ASCEND ROPES



KLEMHEIST

- SIMPLE FRICTION HITCH
- USED AS A BACKUP (THIRD HAND)

 DURING RAPPELS AND LOWERS
- CAN BE TIED WITH CORD OR NYLON WEBBING (ADD WRAPS AS NEEDED)
- GRABS IN ONE DIRECTION



DOUBLE FISHERMAN'S

USES:

- VERY SECURE WAY TO TIE TWO

 ROPES TOGETHER OR TIE A STRAND

 OF CORD INTO A LOOP
- CAN BE HARD TO UNTIE



BUNNY EARS FIGURE 8

USES:

• CREATING AN ANCHOR USING THE ROPE



BUTTERFLY

USES:

- CREATING A LOOP IN THE MIDDLE OF A ROPE
- ISOLATING A SECTION OF THE ROPE
- WILL NOT DEFORM AFTER BEING PULLED IN EITHER DIRECTION



MULE

- USED TO TIE-OFF A BELAY DEVICE
- MUNTER MULE OVERHAND USED FREQUENTLY IN RESCUE SCENARIOS



CONNECTICUT HITCH

USES:

• QUICK AND SIMPLE WAY TO
CONNECT TO NATURAL ANCHORS
(TREES) AND BUILD AN ANCHOR TO
BELAY FROM



BOULINE ON A BIGHT

- USED TO CREATE ANCHORS
- IDEAL FOR FIXED POINT BELAY

 MASTER POINT ANCHOR

 CONFIGURATIONS
- EASILY UNTIES AFTER BEING WEIGHTED

